

UCIC / Southern Zones and Trials to Westerns Schedule

Times	Total athletes	Category
Thursday, March 16th, 2017		
Session W1 General Warm up: 5:00-5:15pm Competition: 5:20-9:00 pm Awards to follow	80 (max 80)	JO 7 (2002+) 16 JO 7 (2003- June 2004) 30 JO 7 (July 2004 - 2005) 34
Friday, March 17th, 2017		
Session W2 General Warm up: 7:30-7:45 am Competition: 7:50 - 10:40 am Awards to follow	65 (max 80)	JO 7 (2006-2010) 27 JO 6 (2007-2010) 38
Session W3 General Warm up: 10:45-11:00 am Competition: 11:10 - 2:50 pm Awards to follow	72 (max 80)	JO 6 (2006) 44 JO 6 (2004) 28
Session W4 UofC gym for warm-up General Warm up: 2:35-2:50 pm Competition: 2:55 - 4:50 pm Awards to follow	52 (max 96)	JO 5 (2006+) 26 JO 5 (2007-2010) 26
Session W5 UofC gym for warm-up Warm up: 4:40-5:00 pm Competition: 5:10 - 9:00 pm Awards to follow	59 (max 64)	JO 9 (14+) 22 JO 10 (16+) 22 JO 10 (12-15y) 15
Saturday, March 18th, 2017		
Session W6A UofC gym for warm-up General Warm up: 7:30-7:45 am Competition: 7:50-10:05 am Awards to follow	42	JO 8 2001+ 16 JO 8 2002 - 2003 26
Session W6B UofC gym for warm-up General Warm-up: 9:50-10:05 am Competition: 10:15-11:40 am Awards to follow	33 (max 64 each)	JO 8 2004 - 2006 33
<i>Trials to Westerns Awards and Naming of Team Alberta for JO8 to Westerns will be after W6B</i>		
Session W7 General Warm up: 11:45-12:00pm Competition: 12:05-1:15 pm Awards to follow	68 (max 96)	JO 3 all ages 68
Session W8 UofC gym for warm-up General Warm up: 12:50 - 1:10 pm Competition: 1:20 - 3:15 pm Awards to follow	31 (max 64)	Aspire 1 31
Session W9 UofC gym for warm-up General Warm up: 2:50-3:10 pm Competition: 3:15-5:30 pm Awards to follow	30 (max 64)	Aspire 2 7 JO 9 (11-13y) 23

Session W10 UofC gym warm-up: 5:30-5:45 pm Comp Gym Open Warm-up: 5:45-6:30pm Competition: 6:50 - 9:30 pm Awards to follow		JO 10 Event Finals
Sunday, March 19th, 2017		
Session W11 General Warm up: 7:30-7:45 am Competition: 7:50 -11:15 am Awards to follow	76 (max 80)	JO 6 (2003+) 39 JO 6 (2005) 37
Session W12 General Warm up: 11:30-11:45am Competition: 11:50-1:45 pm Awards to follow	55 (max 96)	JO 4 (2005+) 25 JO 4 (2006) 30
Session W13 UofC gym for warm-up General Warm up: 1:30-1:45 pm Competition: 1:50-3:30 pm Awards to follow	50 (max 96)	JO 4 (2007) 26 JO 4 (2008-2010) 24
Session W14 UofC gym for warm-up General Warm up: 3:20-3:35 pm Competition: 3:45-4:35 pm Awards to follow	38 (max 96)	JO 1 all ages 14 JO 2 all ages 24 <i>*Floor will be split into 2 with two routines taking place simultaneously</i>